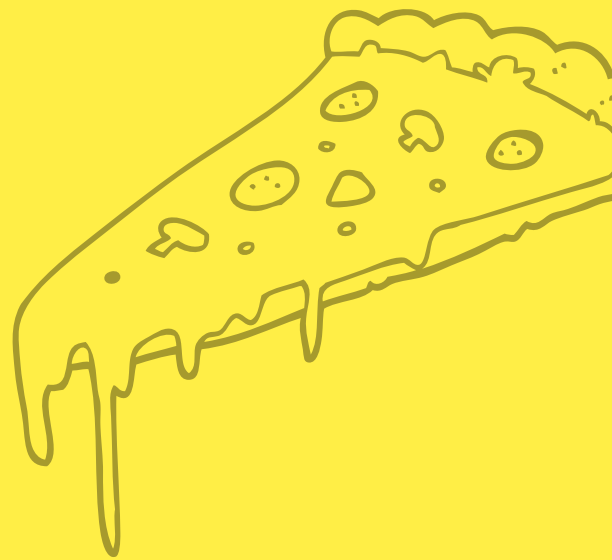


WEEKLY MENU



Smart Steps Inc.

MONDAY

Breakfast: Honey Nut
Cheerios & Milk

Lunch: Marinara Meatballs,
Broccoli, Pineapples, French
Baguette Bread

Snack: Goldfish & Milk

TUESDAY

Breakfast: Yogurt & Milk

Lunch: Chicken & Broccoli
Alfredo, Plantains, Mangoes,
Sourdough Bread

Snack: Animal Crackers &
Milk

WEDNESDAY

Breakfast: Honey Nut
Cheerios & Milk

Lunch: Mac & Cheese,
Roasted Cauliflower,
Pineapples, French Baguette
Bread

Snack: Cheese Curls & Milk

THURSDAY

Breakfast: Yogurt & Milk

Lunch: Chicken & Cheese
Quesadillas, Roasted
Vegetables, Applesauce,
Sourdough Bread

Snack: Goldfish & Milk



FRIDAY

Breakfast: Honey Nut
Cheerios & Milk

Lunch: Sesame Chicken,
Green Beans, Mangoes, Long
Grain Rice

Snack: Cheese Curls & Milk

